



NEW LIFE

THE OLD LIFE IS GONE

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

2 Corinthians 5:17 NLT



Experiencing New Life

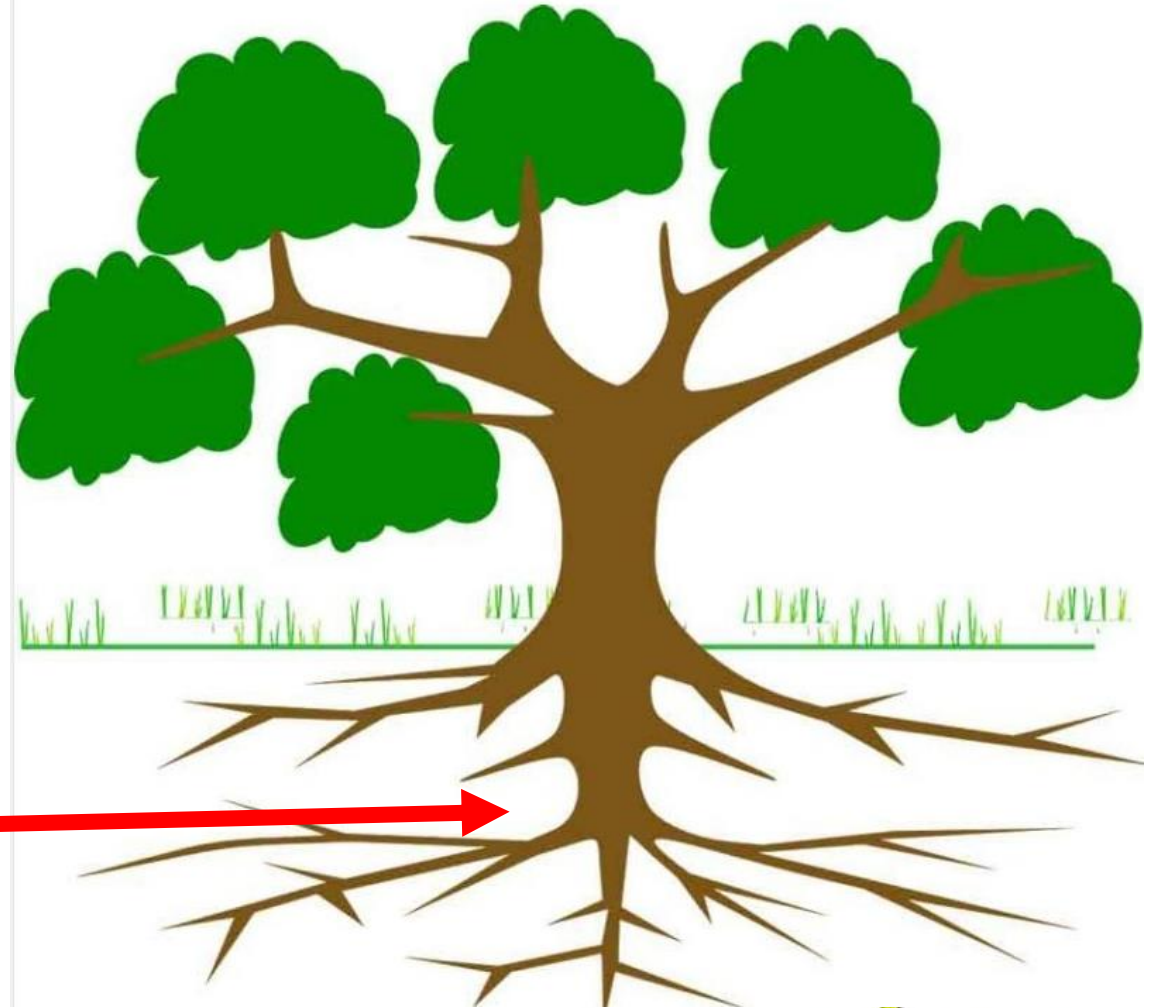
First Arc - Our roots / foundation

Second Arc - Learning to Abide

Third Arc - Fruitful Life



Experiencing New Life



First Arc: Healthy roots

Experiencing New Life

First Arc - healthy roots / foundation

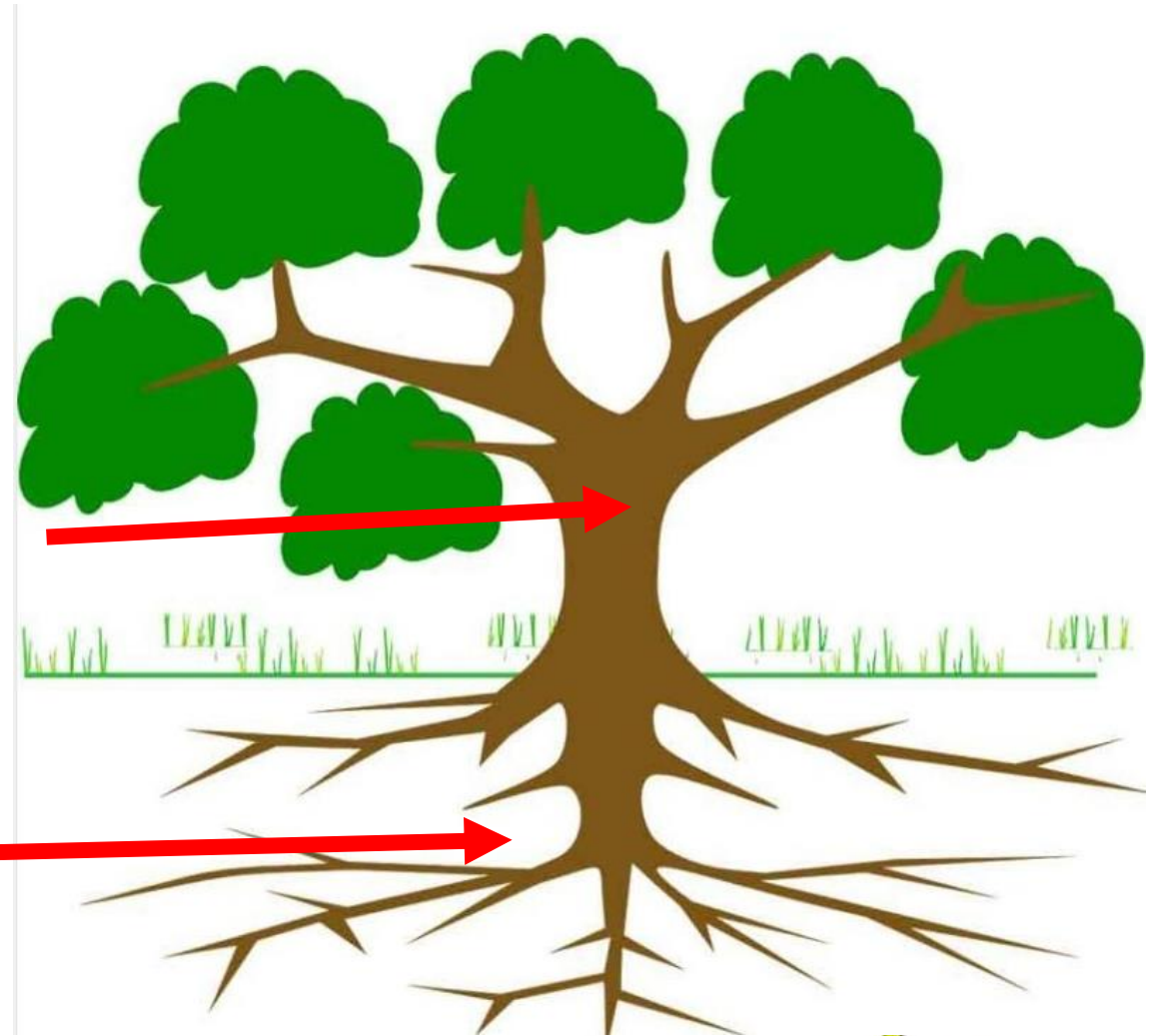
- Identity in Christ
- Acknowledging our Woundedness
- Seeking and Offering Forgiveness



Experiencing New Life

Second Arc: Strong Support

First Arc: Healthy roots



Experiencing New Life

Second Arc - Learning to Abide

- Rest
- Devotion to prayer
- Devotion to the Word



Experiencing New Life

Third Arc - Walking in the Spirit

- Generous Spirit
- Sharing from a Joyful heart
- Bear the fruit of the Spirit
- A Vision for Life

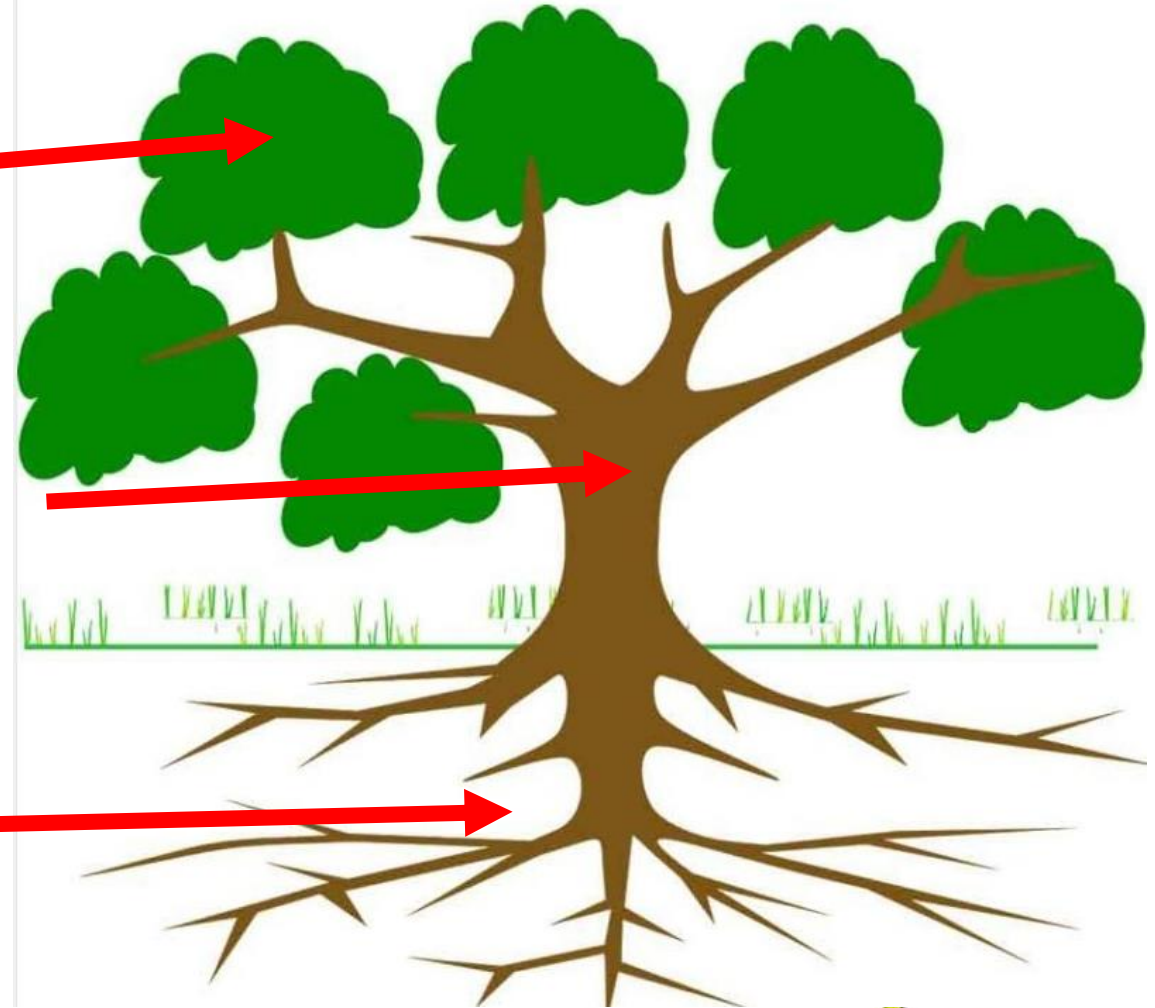


Experiencing New Life

Third Arc: Fruitful life

Second Arc: Strong Support

First Arc: Healthy roots



Experiencing New Life

First Arc - healthy roots

Second Arc - Learning to Abide

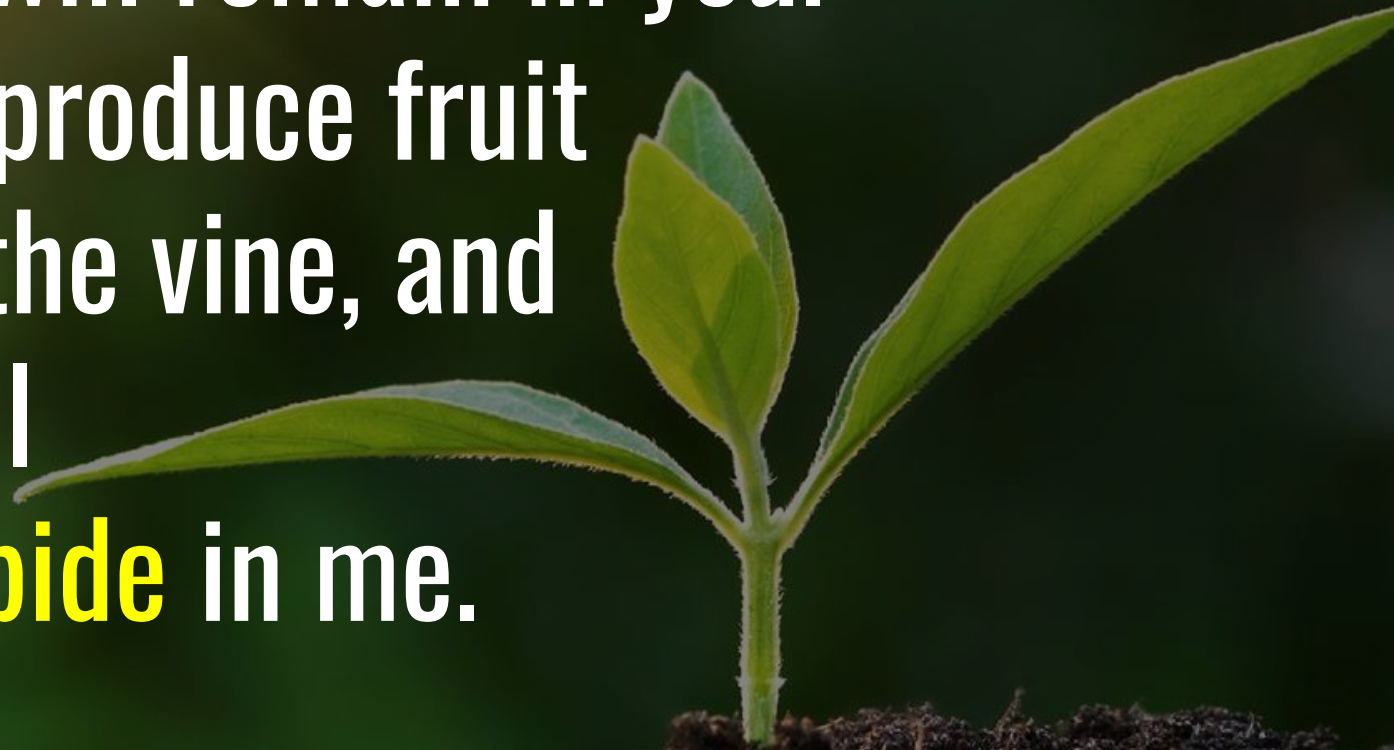
- Rest
- Devotion to prayer
- Devotion to the Word

Third Arc - Fruitful Life



Remain in me, and I will remain in you.
For a branch cannot produce fruit
if it is severed from the vine, and
you cannot be fruitful
unless you **remain/abide** in me.

John 15:4



Experiencing New Life

Second Arc - Learning to Abide

- **Rest**
- Prayer
- Scripture

“..remain in Me...” John 15:4



Then Jesus said, “Come to me,
all of you who are weary and
carry heavy burdens, and I
will give you rest.

Matthew 11:28



Learning to Abide: Rest

Physical



Remember to observe the
Sabbath day by keeping it holy.
You have six days each week
for your ordinary
work,

Exodus 20:8,9



...but the seventh day is a
Sabbath day of rest dedicated
to the Lord your God. On that
day no one in your
household may do any work.

Exodus 20:10

A young green seedling with three leaves growing out of dark brown soil. The background is a soft, out-of-focus green gradient.

Learning to Abide: Rest

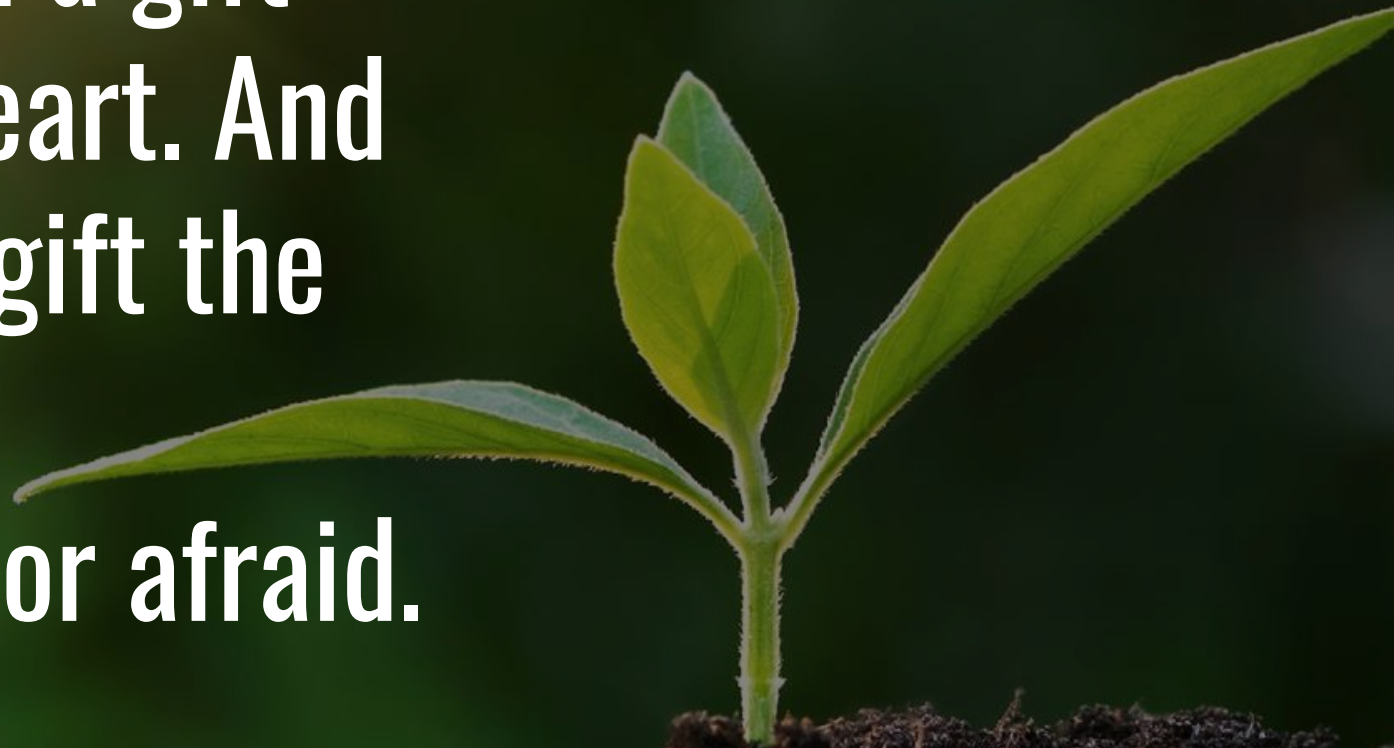
Physical

Emotional



I am leaving you with a gift—
peace of mind and heart. And
the peace I give is a gift the
world cannot give.
So don't be troubled or afraid.

John 14:27



Learning to Abide: Rest

Physical

Emotional

- humility
- ask for help from qualified person
- “those who know you best and love you most”



Learning to Abide: Rest

Physical

Emotional

Spiritual



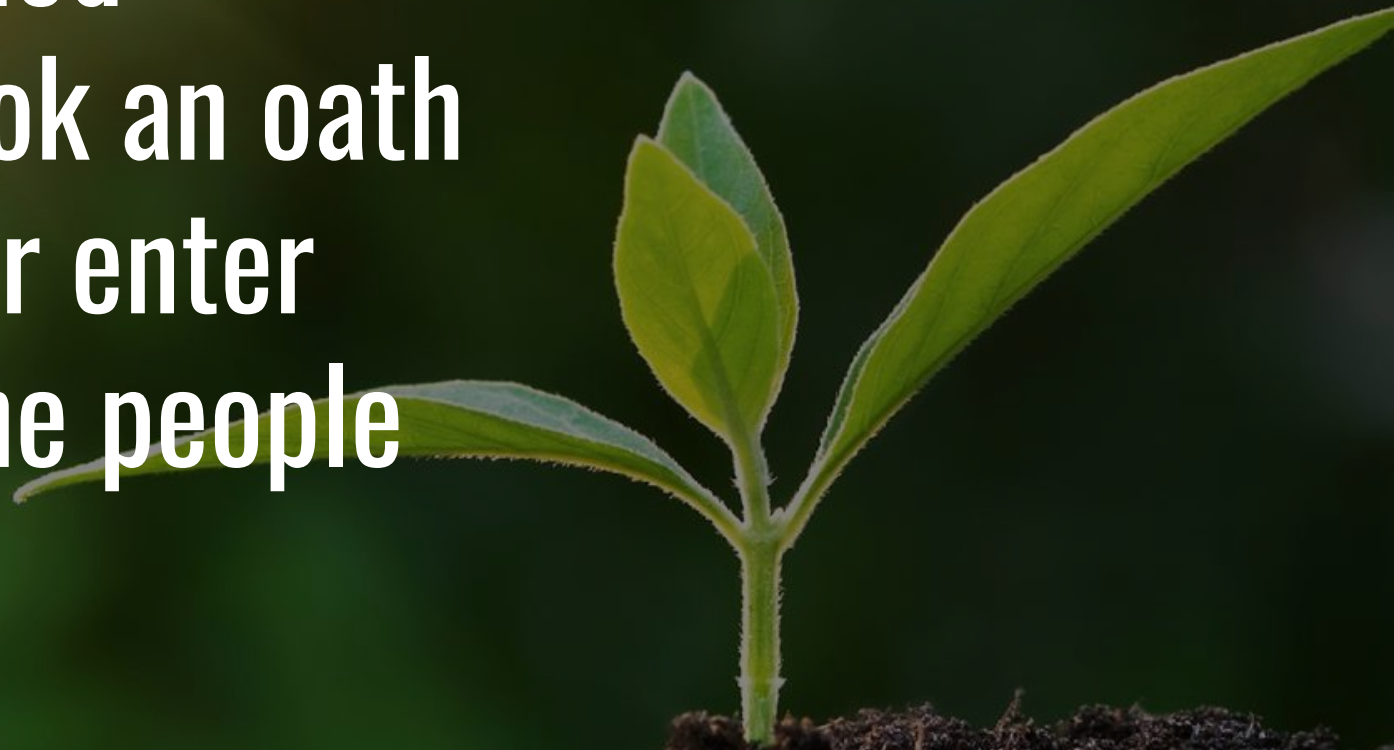
So in my anger I took an oath:
“They will never enter my place
of rest.””

Hebrews 3:11



...And to whom was God speaking when he took an oath that they would never enter his rest? Wasn't it the people who disobeyed him?

Hebrews 3:18



So we see that because of
their **unbelief** they were not
able to enter his rest.

Hebrews 3:19



For only we who **believe** can
enter his **rest**. ... even though
this rest has been **ready** since
he made the world.

Hebrews 4:3



We know it is **ready** because of the place in the Scriptures where it mentions the seventh day: “On the seventh day God rested from all his work.”

Hebrews 4:4



So there is a special **rest** still
waiting for the people of God.

Hebrews 4:9



For all who have entered into
God's rest have **rested from
their labors**, just as God did
after creating the
world.

Hebrews 4:10



So let us do our best to enter that rest. But if we disobey God, as the people of Israel did, we will fall.

Hebrews 4:11



The Imperative of the 4th Commandment

God's Rest = completed work of Creation

God's Rest = complete work of salvation

Our Rest = faith in Him



Tying it all together

We must rest in Him in order to remain in Him.

rather...

New Life is founded in the idea of remaining through faith-filled rest in what He has done from creation.

