

Reflections on the New Life

As we conclude our summer 2022 sermon series on living the New Life in Christ, please take a few minutes and reflect back on the message and let's see if we can apply some of the principles to our lives.

You will be asked for a simple self-assessment on each of the sermon topics. Each sermon has a corresponding question below. Don't overthink your responses on the first pass. Rather make an honest assessment and then come back and review.

Feel free to navigate to the Oak Ridge Community Church Sermon [archive](#) to review any of the messages.

The nature of this form collects results, but we will not collect names or email addresses. This assessment will remain anonymous.

* Required

Preparation / Solving the Problem of Sin

The first arc of our sermon series laid the foundation for the Biblical case for our identity in Christ. It is not helpful to affirm that you "are a new person in Christ", without exploring the foundations of that identity.

Consider the thrust of the sermon and indicate whether you feel that you are struggling in that area, stagnant in that area or you are growing.

1. **Identity in Christ ***

As believers in Jesus Christ, we experience a fundamental change in our relationship with God once we trust Christ as Savior. That is the only lasting foundation for joyful living.

Have you trusted Christ as your Savior? Do you sense His working in your life?

Suggested Reading: 1 Peter 2

Check all that apply.

- Struggling
- Stagnant
- Growing

2. **Acknowledging Woundedness** *

Even after we are saved, we experience struggles from past sin. Sin committed against us or sin that we committed.

Are you able to acknowledge the impact of your past wounds, extend grace yourself, trust in the power of the Holy Spirit in your life?

Suggested Reading: Matthew 9:8-13; 2 Corinthians 12:7-10

Check all that apply.

- Struggling
- Stagnant
- Growing

3. **Forgiveness** *

One thing that can hinder our walk with Christ are ongoing damaged relationships. Whether or not you are at fault. How are you doing in offering or receiving forgiveness?

Suggested Reading: Genesis 37-46; Matthew 5:23; Ephesians 4:31-32

Check all that apply.

- Struggling
- Stagnant
- Growing

**Grace-
filled
Habits**
Untitled
Section

The second arc of our series describes a few of the constructive habits that believers can practice to build their new identity in Christ. This is not meant to be a comprehensive list. Please feel free to add your own thoughts and encouraging habits.

Consider the thrust of the sermon and indicate whether you feel that you are struggling in that area, stagnant in that area or you are growing. Don't overthink your response.

4. **Learning to Rest** *

We need to rest. First, in our spirit, as we trust Christ. But emotional and physical rest are also important. Are you resting from your good works? Do you take time to recharge your spirit, heart and body?

Suggested Reading: Matthew 11:28, Exodus 20:8-10; Hebrews 3

Check all that apply.

- Struggling
- Stagnant
- Growing

5. **Devotion to Prayer** *

Do you enjoy talking with God? Do you view it as a chore or as a precious relationship to be enjoyed? Has it sunk in that you have special access to the creator of the universe?

Suggested Reading: Romans 8:15; Galatians 4:5-7; Psalm 27:8

Check all that apply.

- Struggling
- Stagnant
- Growing

6. **Devotion to the Word** *

We hold true wealth in our hands and hearts when we read and meditate on the Word of God? What is your "relationship" to Scripture? Is it food to your soul?

Suggested Reading: Psalm 119

Check all that apply.

- Struggling
- Stagnant
- Growing

**Walking
in the
New
Life**

The third arc of the series describes the fruit that we can reasonably expect as we walk in the New Life. Again, this is not meant to be a comprehensive list. We could spend the rest of our lives meditating on our new life!

Consider the thrust of the sermon and indicate whether you feel that you are struggling in that area, stagnant in that area or you are growing. Don't overthink your response.

7. **Generosity ***

Our circumstances vary. We each have different quantities and/or qualities of talents, time, relationships and money. How are you doing in terms of surrendering your resources to God?

Suggested Reading: Luke 12:42-48; 2 Corinthians 12:14

Check all that apply.

- Struggling
- Stagnant
- Growing

8. **Sharing from a Joyful Heart ***

If God has our hearts, then we will cheerfully offer Him our resources as well. How are you doing in terms of being a cheerful giver?

Suggested Reading: 2 Corinthians 9

Check all that apply.

- Struggling
- Stagnant
- Growing

9. **Fruit of the Spirit** *

Do you realize that the Fruit of the Spirit is also a description of God's attributes and His attitude toward us? How are you doing with displaying the qualities of Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control?

Suggested Reading: Galatians 5:22-23

Check all that apply.

- Struggling
- Stagnant
- Growing

10. **My Plan** *

What needs renewing in your life?

What area are you doing well?

Do you want to share your responses with anyone?

11. **Conclusion**

Thanks for taking time to reflect on this series and perform a self-assessment.

After reflection, please consider sharing the results of this survey with those who know you best and love you most. We can sharpen and encourage one another!

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New Life In Christ Assessment

